

To parents and guardians

Skolefrukt (School Fruit) delivers fresh fruit to pupils at school! As you probably already know, fruit and vegetables are a great source of the vitamins, fibre and other nutrients our bodies need. Fruit and vegetables are important for people of all ages, and especially for schoolchildren who are still growing and need to establish good eating habits.

It's great if you make sure to pack fruit and vegetables in your child's school bag every day – but it's easy to forget when you have so many other things to do. If you take out a school fruit subscription, you can be sure your child will receive fruit and vegetables at school at a favourable price.

What do the pupils get? The most common types of fruit are apples, bananas, kiwi fruit, oranges, tangerines, nectarines and pears. The most common vegetable is the carrot. The assortment may vary slightly depending on the season, but all pupils will always receive a good range of top quality fruit and vegetables.

Subscription and payment. The Norwegian state subsidises the school fruit programme, which means favourable prices for parents/guardians and schools. You only pay for the days your child actually receives fruit, and you can pay for six months or a year at a time. You can register and pay the subscription online at skolefrukt.no.

To place your order, visit www.skolefrukt.no or call us on +47 648 50 900 on weekdays.